

Full Report (All Nutrients) 03014, Babyfood, meat, chicken sticks, junior

Report Date:October 26, 2015 05:52 EDT

Nutrient values and weights are for edible portion.

Food Group : Baby Foods**Carbohydrate Factor: 2.7 Fat Factor: 8.7 Protein Factor:4 Nitrogen to Protein Conversion Factor:6.25**

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 stick 10g	1 jar 71g	1 jar Gerber Graduate (2.5 oz) 71g
Proximates							
Water	g	68.30	6	0.900	6.83	48.49	48.49
Energy	kcal	188	--	--	19	133	133
Energy	kJ	787	--	--	79	559	559
Protein	g	14.60	7	0.200	1.46	10.37	10.37
Total lipid (fat)	g	14.40	8	0.400	1.44	10.22	10.22
Ash	g	1.20	6	0.100	0.12	0.85	0.85
Carbohydrate, by difference	g	1.50	--	--	0.15	1.06	1.06
Fiber, total dietary	g	0.2	--	--	0.0	0.1	0.1
Sugars, total	g	1.40	--	--	0.14	0.99	0.99
Minerals							
Calcium, Ca	mg	73	7	6.000	7	52	52
Iron, Fe	mg	1.56	8	0.030	0.16	1.11	1.11
Magnesium, Mg	mg	14	--	--	1	10	10
Phosphorus, P	mg	121	1	--	12	86	86
Potassium, K	mg	106	1	--	11	75	75
Sodium, Na	mg	408	--	--	41	290	290
Zinc, Zn	mg	1.01	--	--	0.10	0.72	0.72
Copper, Cu	mg	0.045	--	--	0.004	0.032	0.032
Selenium, Se	µg	10.3	3	0.346	1.0	7.3	7.3
Vitamins							
Vitamin C, total ascorbic acid	mg	1.7	6	0.000	0.2	1.2	1.2
Thiamin	mg	0.017	7	0.000	0.002	0.012	0.012
Riboflavin	mg	0.197	7	0.007	0.020	0.140	0.140

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 stick 10g	1 jar 71g	1 jar Gerber Graduate (2.5 oz) 71g
Niacin	mg	2.005	7	0.064	0.200	1.424	1.424
Pantothenic acid	mg	0.726	--	--	0.073	0.515	0.515
Vitamin B-6	mg	0.103	5	0.000	0.010	0.073	0.073
Folate, total	µg	11	--	--	1	8	8
Folic acid	µg	0	--	--	0	0	0
Folate, food	µg	11	--	--	1	8	8
Folate, DFE	µg	11	--	--	1	8	8
Choline, total	mg	43.2	--	--	4.3	30.7	30.7
Vitamin B-12	µg	0.40	--	--	0.04	0.28	0.28
Vitamin B-12, added	µg	0.00	--	--	0.00	0.00	0.00
Vitamin A, RAE	µg	3	--	--	0	2	2
Retinol	µg	3	--	--	0	2	2
Carotene, beta	µg	0	--	--	0	0	0
Carotene, alpha	µg	0	--	--	0	0	0
Cryptoxanthin, beta	µg	0	--	--	0	0	0
Vitamin A, IU	IU	11	--	--	1	8	8
Lycopene	µg	0	--	--	0	0	0
Lutein + zeaxanthin	µg	0	--	--	0	0	0
Vitamin E (alpha-tocopherol)	mg	0.37	--	--	0.04	0.26	0.26
Vitamin E, added	mg	0.00	--	--	0.00	0.00	0.00
Vitamin D (D2 + D3)	µg	0.1	--	--	0.0	0.1	0.1
Vitamin D3 (cholecalciferol)	µg	0.1	--	--	0.0	0.1	0.1
Vitamin D	IU	4	--	--	0	3	3
Vitamin K (phylloquinone)	µg	0.4	--	--	0.0	0.3	0.3
Lipids							
Fatty acids, total saturated	g	4.094	--	--	0.409	2.907	2.907
4:0	g	0.000	--	--	0.000	0.000	0.000
6:0	g	0.000	--	--	0.000	0.000	0.000
8:0	g	0.000	--	--	0.000	0.000	0.000
10:0	g	0.000	--	--	0.000	0.000	0.000
12:0	g	0.037	--	--	0.004	0.026	0.026
14:0	g	0.133	--	--	0.013	0.094	0.094
16:0	g	3.045	--	--	0.304	2.162	2.162

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 stick 10g	1 jar 71g	1 jar Gerber Graduate (2.5 oz) 71g
18:0	g	0.813	--	--	0.081	0.577	0.577
Fatty acids, total monounsaturated	g	6.267	--	--	0.627	4.450	4.450
16:1 undifferentiated	g	0.887	--	--	0.089	0.630	0.630
18:1 undifferentiated	g	5.277	--	--	0.528	3.747	3.747
20:1	g	0.000	--	--	0.000	0.000	0.000
22:1 undifferentiated	g	0.000	--	--	0.000	0.000	0.000
Fatty acids, total polyunsaturated	g	2.986	--	--	0.299	2.120	2.120
18:2 undifferentiated	g	2.764	--	--	0.276	1.962	1.962
18:3 undifferentiated	g	0.111	--	--	0.011	0.079	0.079
18:4	g	0.000	--	--	0.000	0.000	0.000
20:4 undifferentiated	g	0.000	--	--	0.000	0.000	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000	0.000	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000	0.000	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000	0.000	0.000
Cholesterol	mg	78	--	--	8	55	55
Amino Acids							
Tryptophan	g	0.117	--	--	0.012	0.083	0.083
Threonine	g	0.572	--	--	0.057	0.406	0.406
Isoleucine	g	0.729	--	--	0.073	0.518	0.518
Leucine	g	1.142	--	--	0.114	0.811	0.811
Lysine	g	1.160	--	--	0.116	0.824	0.824
Methionine	g	0.323	--	--	0.032	0.229	0.229
Cystine	g	0.127	--	--	0.013	0.090	0.090
Phenylalanine	g	0.673	--	--	0.067	0.478	0.478
Tyrosine	g	0.497	--	--	0.050	0.353	0.353
Valine	g	0.764	--	--	0.076	0.542	0.542
Arginine	g	1.003	--	--	0.100	0.712	0.712
Histidine	g	0.462	--	--	0.046	0.328	0.328
Alanine	g	0.792	--	--	0.079	0.562	0.562
Aspartic acid	g	1.263	--	--	0.126	0.897	0.897
Glutamic acid	g	2.201	--	--	0.220	1.563	1.563
Glycine	g	0.811	--	--	0.081	0.576	0.576
Proline	g	0.902	--	--	0.090	0.640	0.640

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 stick 10g	1 jar 71g	1 jar Gerber Graduate (2.5 oz) 71g
Serine	g	0.534	--	--	0.053	0.379	0.379
Other							
Alcohol, ethyl	g	0.0	--	--	0.0	0.0	0.0
Caffeine	mg	0	--	--	0	0	0
Theobromine	mg	0	--	--	0	0	0